

TELLER COUNTY 4-H MEMBER HANDBOOK

2024-25



TELLER COUNTY
COLORADO STATE UNIVERSITY
EXTENSION



TELLER COUNTY
C O L O R A D O

Table of Contents

Topic	Page
Welcome	3
Why 4-H?	4
About 4-H	5
4-H Code of Conduct	6
Setting up for Success	7
Roles and Responsibilities	8
General Club Information	9
General Project Information	10
County Fair	13
State Fair	13
Calendar	14
Camps and Conferences	15
Foundation	16
Resources	16

Welcome!

Welcome to Teller County 4-H! We are excited that you are joining our community of youth, families, and volunteers. 4-H provides kids with a safe and inclusive environment where they can learn and have fun. These experiences build character and develop life-long skills that prepare them for the future. The Teller County CSU Extension office, in close partnership with a passionate group of volunteers and other local organizations, strives to support youth and families on their 4-H journey. Please contact the Extension office if you have questions, need help, or if challenges arise.

Contacts

Darian Founds
CSU Extension Director
719-686-5425
darian.founds@colostate.edu

Melissa Orme
County Events Coordinator
719-686-5421
ormem@tellercounty.gov



Physical Address

11115 W. Hwy 24, Unit C
Divide, CO 80814
(inside TCPHE, first door on your right when you enter the lobby)

Mailing Address

P.O. Box 928
Divide, CO 80814

Online

<https://teller.extension.colostate.edu/4-h/>

<https://www.facebook.com/TellerCounty4H>

Colorado State University Extension is an equal opportunity provider: <https://col.st/OWMJA>

WHY 4-H?

4-H empowers young people to be true leaders. True leaders are young people who have confidence; know how to work well with others; can endure through challenges; and will stick with a job until it gets done. In 4-H, we believe true leaders aren't born – they're grown.

4-H programs hands-on approach gives young people guidance, tools and encouragement, and then puts them in the driver's seat to make great things happen. Independent research proves the unparalleled impact of the 4-H experience.

4-H's hands-on approach is proven to grow life skills like confidence, independence, resilience and compassion through stages and developed through experiences, not instruction.

The result? Kids who are empowered with the skills to lead for a lifetime.

KIDS BUILD LIFE SKILLS THROUGH HANDS-ON LEARNING

Helping Youth Thrive

- **Sparks:** Providing a place where youth can find and explore what sparks their interest.
- **Belonging:** Creating spaces of belonging—where ALL kids feel welcome and physically and emotionally safe.
- **Relationships:** Nurturing positive, supportive and empowering relationships between youth and adults and youth and their peers.
- **Engagement:** Challenging and encouraging youth to pursue their own learning and growth. Promoting active engagement where youth have a voice.

BENEFITS OF 4-H

4-H is America's largest youth development organization and we empower young people with the skills to lead for a lifetime.

About 4-H

Fun Facts

- *Youth development:* 4-H is the largest youth development organization in the United States with over 6 million members. It's open to youth ages 5–18.
- *History:* 4-H's origins lie in the late 1800s, when researchers discovered that young people were open to new ideas and eager to share their experiences with adults.
- *Volunteers:* 4-H programs are led by adult volunteers.

4-H Mission, Vision, Pledge, and Motto

Colorado 4-H Mission

4-H empowers youth to reach their full potential by working and learning in partnership with caring adults.

Colorado 4-H Vision

A world in which youth and adults learn, grow and work together



4-H Pledge

I pledge.....
My head to clearer thinking,
My heart to greater loyalty,
My hands to larger service,
My health to better living
for my club, my community,
my country and my world.

4-H Motto

"To Make the Best Better." Its intent is to inspire young people to continue to learn and grow, to make their best efforts better through participating in educational experiences. The 4-H motto supports the Colorado 4-H YDP mission of engaging youth in reaching their fullest potential.

"To Make the Best Better"





COLORADO 4-H CODE OF CONDUCT

4-H members, leaders, parents, and other adults participating in 4-H programs will:

Note: A signed Code of Conduct is in 4-H Online, under profile information.

1. Adhere to program rules, curfews, dress codes, policies, and rules of the facility being used.
2. Conduct themselves in a courteous, respectful manner, use appropriate language, exhibit good sportsmanship, and act as positive role models.
3. Abstain from illegal behaviors, use of alcohol, marijuana, illegal or illicit drugs, and tobacco including e-cigarettes and vaping during 4-H events and activities.
4. Fully participate in scheduled activities.
5. Respect other's property and privacy rights.
6. Respect the rights and authority of parents, leaders, and Extension staff.
7. Abstain from abuse (physical and/or verbal) and harassment.
8. Accept personal responsibility for behavior including any financial damage.
9. Be responsible for any financial damage caused by inappropriate behavior.
10. Adhere to principles and rules of safety.

Consequences for violating any part of this code of conduct may include, but are not limited to: removal from participation in the event in which the code of conduct has been violated at the individual's expense; sanctions on participating in future 4-H events; forfeiture of financial support for the event; removal from offices held, etc.

Behavior outside of 4-H activities can affect member in good standing or volunteer in good standing status.

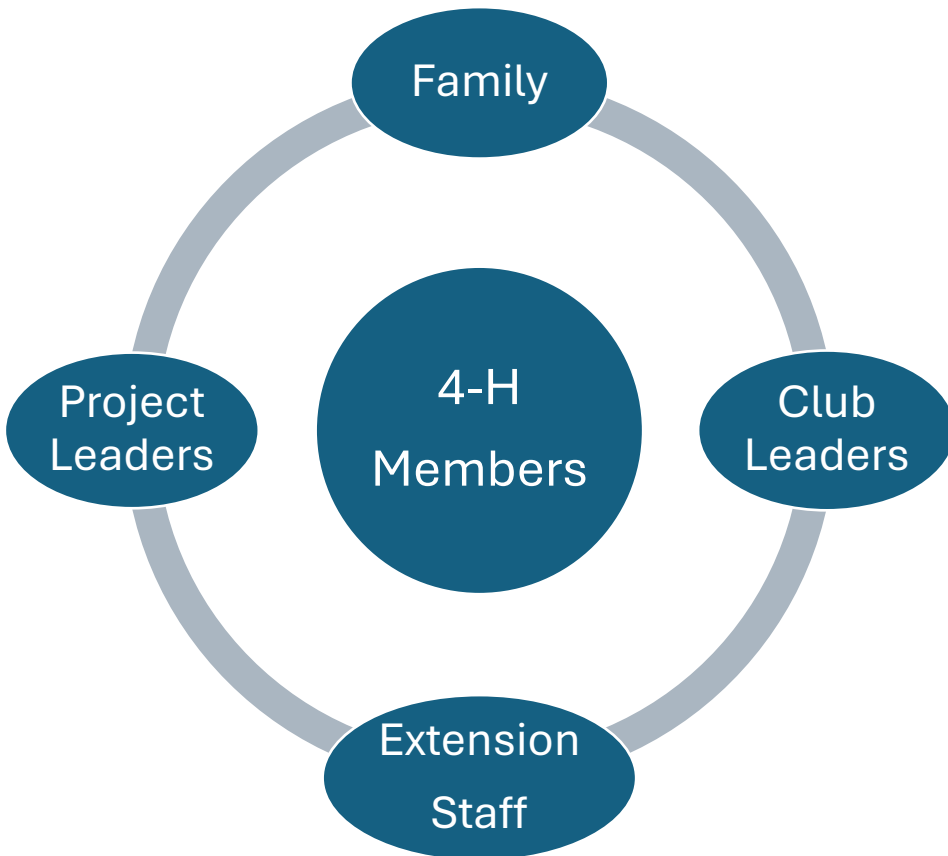
It is the responsibility of all program participants to reinforce the code of conduct and to report any violations or concerns to 4-H leadership.

Setting up for Success

A network of trusted adults support Youth in their 4-H journey. By working together toward common goals, we can empower Youth to be successful in their 4-H endeavors including project completion, community service, skill development, and participation in regional and state events.

4-H MEMBER REQUIREMENTS

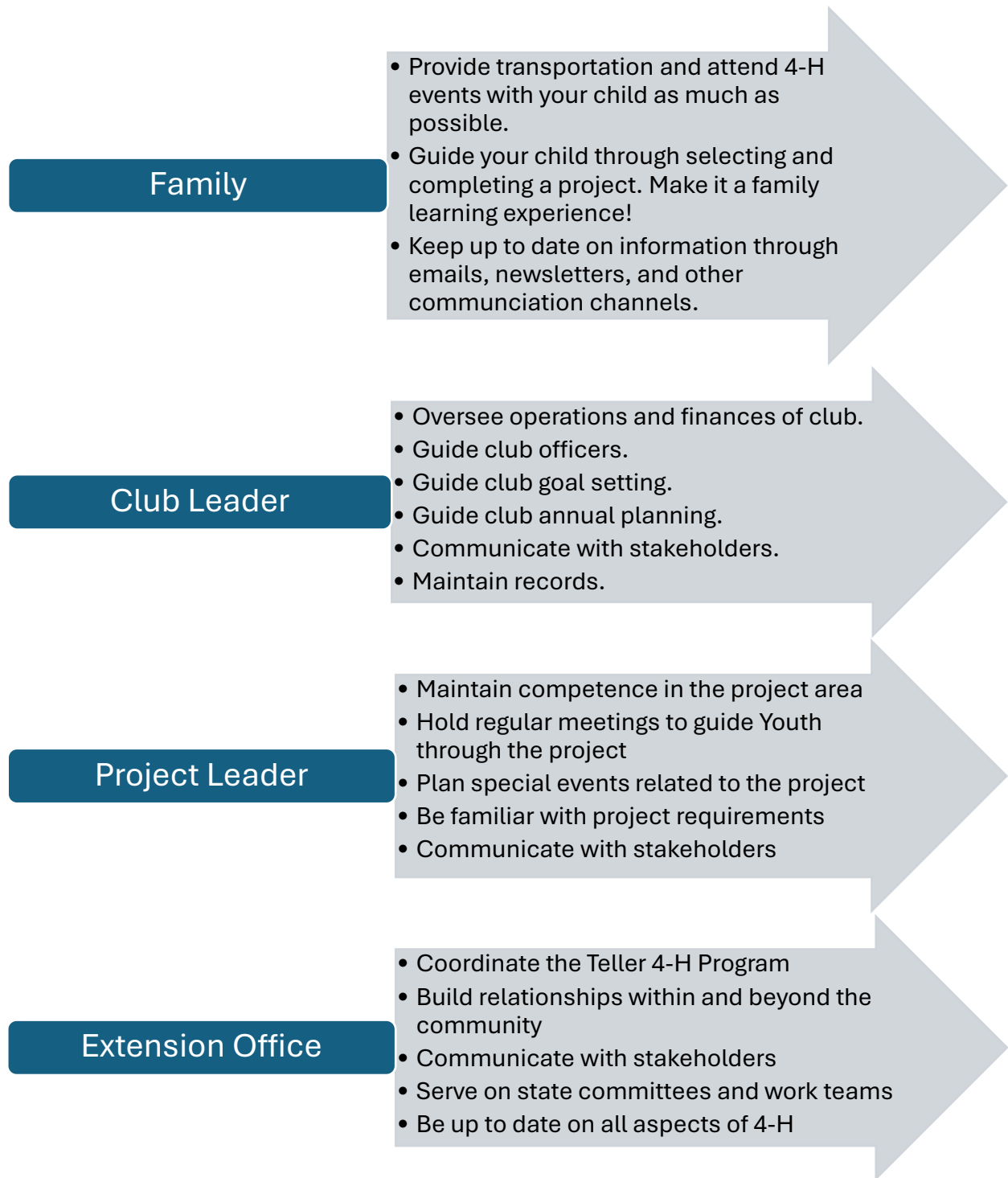
1. ATTEND CLUB MEETINGS REGULARLY.
2. PARTICIPATE IN COMMUNITY SERVICE.
3. COMPLETE A DEMONSTRATION APPROVED BY YOUR 4-H CLUB LEADER.
4. COMPLETE A PROJECT, INCLUDING A RECORD BOOK.
5. EXHIBIT A PROJECT, TYPICALLY AT THE COUNTY FAIR.



CLOVERBUD REQUIREMENTS

1. PARTICIPATE IN CLOVERBUD ACTIVITIES REGULARLY.
2. ATTEND CLUB AND/OR CLOVERBUD MEETINGS REGULARLY.
3. PARTICIPATE IN COMMUNITY SERVICE AND FUNDRAISING.
4. COMPLETE A RECORD BOOK.
5. SHARE LEARNING AT FAIR IN A NON-COMPETITIVE FORMAT.

Roles and Responsibilities



General Club Information

4-H Age Groups (based on age on December 31st of the current 4-H year)

Cloverbuds	5 to 7 years old
Junior	8 to 10 years old
Intermediate	11 to 13 years old
Senior	14 to 18 years old

Teller County 4-H Clubs

Club Name	Club Leader(s)	Email
Hilltop	Terri Snare Kendra Snare	snaregma@gmail.com k.snare@yahoo.com
Mountain Valley	Michelle Wolff	wolff@1226@gmail.com
Rocky Mountain	Dee Schoendaller	Sdaller6688@gmail.com
Shooting Sports	Bob Tyler	Eagle3tyler@gmail.com
Woodland Park Pathfinders	Ida Betram	Imbertram22@gmail.com

Club Meetings

- Once per month with possible schedule adjustments due to holidays, summer, etc.
- Led by 4-H member club officers with support from club leaders.
- Agendas may include club business, program updates, event planning such as community service and fundraising, information about camps and conferences, and project demonstrations.

Typical Club Events

- Community Service
- Fundraising
- Camp Eagle (traditionally held Mother's Day weekend)
- County Fair (late July/early August)
- Achievement Banquet (late October)
- Parades
- Other events depending on club

Officers

Members can take on leadership roles by serving as a club officer. All clubs have a president, vice president, treasurer, and secretary. Some clubs choose to have additional leadership positions.

General Project Information

What is a 4-H Project?

The project is a big part of 4-H’s learning by doing philosophy involving hands-on learning over time. 4-H Members will learn specific skills related to the project such as woodworking or cake decorating in addition to building skills such as goal setting, organization, planning, problem solving, and overcoming challenges. Each project has a manual to guide youth through their project. Many projects, but not all, have local, knowledgeable volunteers who serve as mentors and who have experience with the topic.

What projects are available?

There are over 100 different projects available in the following categories:

- Animals
- Creative Arts
- Family Consumer Science
- Natural Resources
- Personal Development
- STEM

Visit <https://co4h.colostate.edu/colorado-4-h-project-information/> for the full list of projects and more information.

What is the general timeline for projects?

This is a general timeline but the process is self-paced and individualized. Some projects, especially animal projects, have firm deadlines that must be met. The Extension office and project leaders will communicate deadlines as they approach.



EXPLORE	PREPARE	ENGAGE	APPLY
<ul style="list-style-type: none"> • Think about current interests • Consider new opportunities • Read tip sheets • Talk with others 	<ul style="list-style-type: none"> • Project manual • Contact from project leader • Project orientation 	<ul style="list-style-type: none"> • Project meetings • Practice • Animal care 	<ul style="list-style-type: none"> • Fair Entry • Record book • Indoor Exhibit • Animal Showmanship

Selecting a project

4-H Members should put some thought into selecting a project. New members may want to consider only completing one project in the first year to allow time to learn about what a year 4-H is like and avoid overtaxing busy schedules. Talk to veteran 4-H Members, volunteers and other families to learn more.

		
<p>INTERESTS</p> <p>Choose a topic that sparks your curiosity! Projects should be interesting and fun!!</p>	<p>TIME</p> <p>Consider the amount of time you have available to complete the project. Some projects can be completed in a few weeks while others require daily care of an animal over many months.</p>	<p>BUDGET</p> <p>Consider the budget that you have available to spend on project supplies. Some projects can be completed with very little cost while others can be costly.</p>
		
<p>EQUIPMENT</p> <p>Consider the equipment that is needed to complete the project. If you do not own the equipment, are you able to borrow it or can you afford to purchase it?</p>	<p>SPACE</p> <p>Consider the space needs of the project, especially if it involves animals.</p>	<p>AVAILABLE LEADER</p> <p>Not all projects have a volunteer project leader available in the local community. If you are seeking to have a project leader guide you through the process, then you will need to take this into consideration.</p>

What is a project manual?

Project manuals are available as a guide for each 4-H project. Some projects require the use of a project manual, and others may not. You can acquire project manuals through your club leader or contact the Extension office. If no project leader is available, the project manuals will serve as an extremely helpful resource.

Project manuals:

- Some are available free to download at <https://co4h.colostate.edu/colorado-4-h-project-information/>
- Available for purchase at <https://shop4-h.org/pages/curriculum>
- Contact Extension office

What are the major project commitments?

- *Project meetings* – Volunteer project leaders will host regular meetings to guide youth through their projects.
- *Family activities* – Working on the project at home as a family can serve as great quality time for both children and parents.
- *Demonstration* – Youth are required to provide a demonstration about their project. The demonstrations are sometimes done at a club meeting, but other options are also available. Demonstrations should be tailored to the age and experience level.
- *Other events* – Project leaders may schedule activities such as field trips, tours, guest speakers, and/or workshops to extend the learning.
- *Record book* – All projects require a record book. The record book serves as an account of the project completion. The major components of the record book include project goals, an overview of the 4-H year, budget, self-evaluation, photos, and a story.
- *Exhibit* – The culminating event for most projects is the Teller County Fair held in late July/early August.

Notes:

- *There may not be a project leader volunteer in which case the family would serve in that role.*
- *Project meetings may be in a different part of the county than where you live.*

County Fair

*This is an overview of the Teller County Fair. For more information, contact info, and to download the current year’s Fair Handbook visit www.tcafas.org.

The 2025 Teller County Fair is scheduled for Saturday, July 26th through Sunday, August 3rd

Indoor Judging

- All indoor projects will participate in judging on the same day, typically the first Monday of the Fair.
- Youth arrive at the Fair with their project or display board and record book and participate in a 15-20 minute interview with a volunteer judge.

Project score sheets can be found at <https://co4h.colostate.edu/state-fair-information/score-sheets/>

Animals

- All animals, except dogs, undergo a vet check upon arrival.
- Market animals must also complete a certified weigh-in.
- Youth are responsible for the animal care. All animal, except dogs remain at the Fairgrounds from the check-in date through the end of the Fair.

More information about animal projects can be found at <https://co4h.colostate.edu/animals/>

Colorado State Fair

The Colorado State Fair is held in late August to early September in Pueblo. The CO State Fair offers a wide range of events listed below that 4-H Youth can participate in. Contact the Extension office or speak with your club and/or project leader to learn more about how you can get involved. Visit <https://coloradostatefair.com/> and <https://co4h.colostate.edu/state-fair-information/> to learn more.

Indoor Exhibit	Rocket Fly Day	Shooting Sports
Dog Trials	Creative Cooks	Cake Decorating
Public Presentations	Horse Show	Livestock Show
Small Animal Show	Cat Show	Photo Contest
Fashion Review		

2024-25 Teller County 4-H Calendar*

<p>October 4-H Year Begins Achievement Banquet (from previous year)</p> <p>November 4-H Club Officer Elections Colorado Leadership Camp Dare To Be You Camp</p> <p>December 01 Market swine, goats, and sheep born after 31 Market beef enrollment</p> <p>January 05 Beef weigh-in 15 Enrollment closes 15 Club Office Training 22 New Member Orientation 25-27 Leadership Development Conference</p> <p>February Project Meetings Begin</p> <p>March 01 Deadline to add/drop projects 01 Annual enrollment fees due District Retreat Youth Fest 4-H Foundation Scholarship Applications Due</p>	<p>April 05 County Contest 19 Meat Quality Assurance</p> <p>May 01 Dog and horse registration in 4-H online 09-11 Camp Eagle Small animals in possession</p> <p>June 07 Rabbit Round Off State 4-H Conference</p> <p>July Fair Entry due 19 Fairgrounds Clean-Up 26 – 03 AUG Teller County Fair</p> <p>August 22 – 01 SEP Colorado State Fair Livestock record books due</p> <p>September Colorado State Fair</p>
--	---

**subject to change, see most recent Teller 4-H newsletter for updated information*



Camps and Conferences

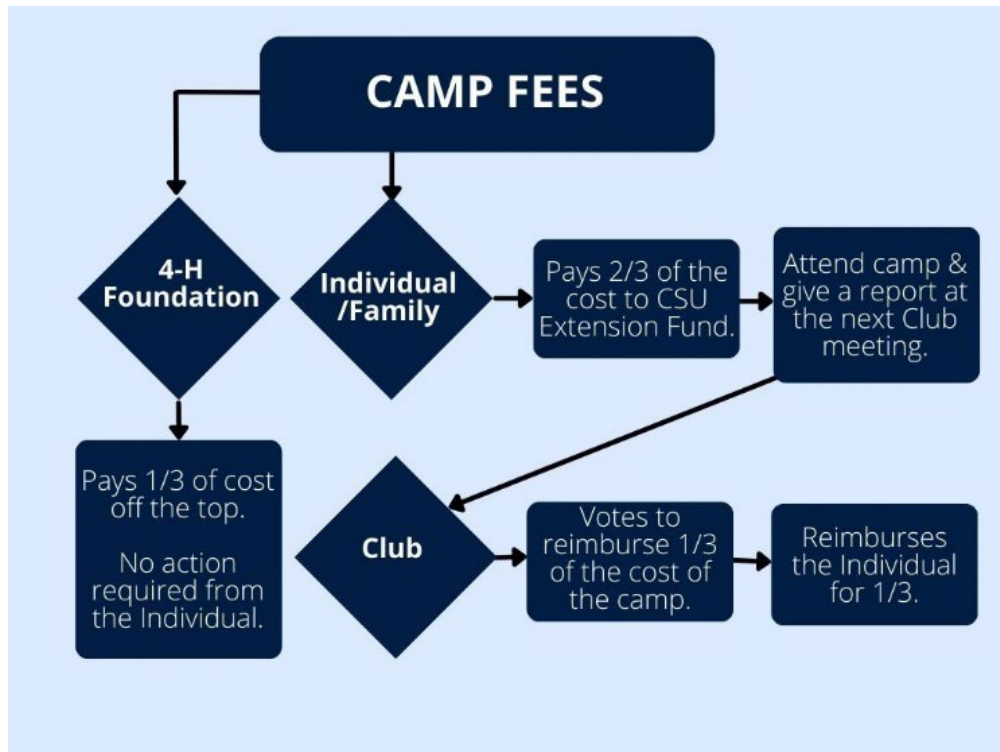
Camp/Conference	Age(s)	Month	Location
Colorado Leadership Conference	Intermediate	October	Glenwood
Dare To Be You	Intermediate	November	Pueblo
Leadership Development Conference	Senior	January	Denver
District Retreat	Intermediate Senior	March or April	Varies
Youth Fest	Intermediate	March or April	Varies
Camp Eagle	All	May	Teller County
4-H State Conference	Senior	June	Fort Collins

This list represents the more commonly attended camps and conferences but there are other opportunities beyond Colorado.

Camp Eagle is our local camp which is planned and run by Teller 4-H Volunteers.

Registration Fees for Camps and Conferences

Through the generous support of the Teller 4-H Foundation and contributions from the clubs, families pay one-third of the registration fees using the process below.



4-H Foundation

The Foundation is a local non-profit organization started in 1953 whose mission is to support Teller County 4-H Youth. Examples of support include:

- Fees for conferences, workshops, and camps.
- Project scholarships to assist youth with expenses.
- Career Path Scholarships for graduating seniors

The Foundation is always seeking new members which involves attending two meetings per year and making a “free will” donation. Contact Debbie Rocco, Foundation Secretary, at drocco9182@gmail.com.

Resources

Teller County 4-H Website - <https://teller.extension.colostate.edu/4-h/>

Teller County 4-H Facebook - <https://www.facebook.com/TellerCounty4H>

4-H Online - <https://colorado.4honline.com/>

Colorado 4-H - <https://co4h.colostate.edu/>

Teller County Fair - <https://tcafes.org/>

Colorado State Fair - <https://coloradostatefair.com/>

National 4-H - <https://4-h.org/>

Shop 4-H - <https://shop4-h.org/>